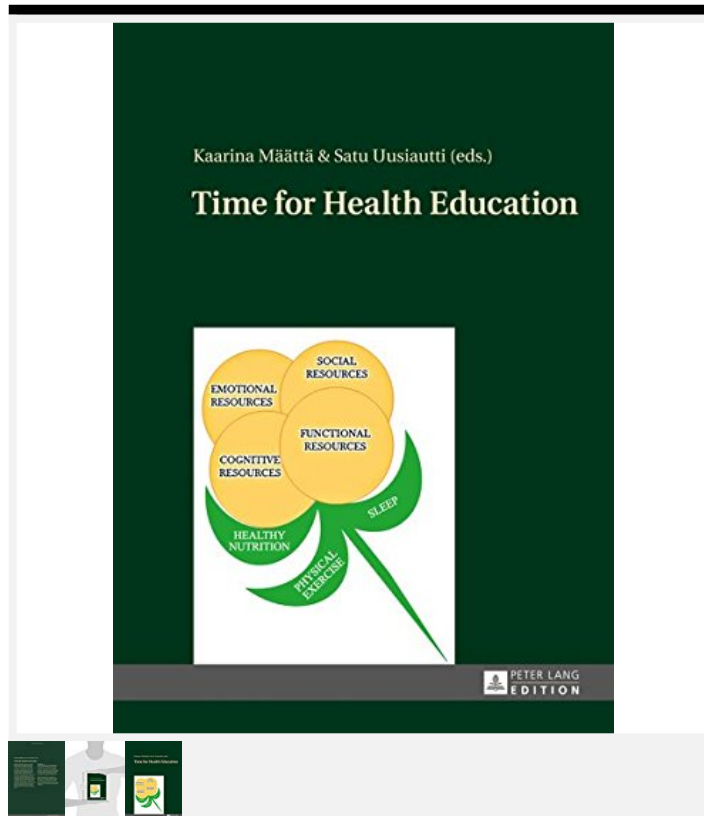

PDF Online Time for Health Education - Audiobooks



Book detail

- Title : PDF Online Time for Health Education - Audiobooks
- isbn : 3631649355



Book Synopsis

Health and healthy life styles are something that we all would like to induce in our youths and children. This book provides a new perspective for health education. It represents Finnish ideas and solutions of health education and provides analyses of health promotion. In today's world, health education is expected to offer holistic information and increase understanding about the communal and environmental health issues along with individual choices and concern over fellow humans. This book presents a multidimensional analysis starting from the history of health education to the most current innovative health concepts. The book also includes hands-on examples of health promotion at various education levels.
