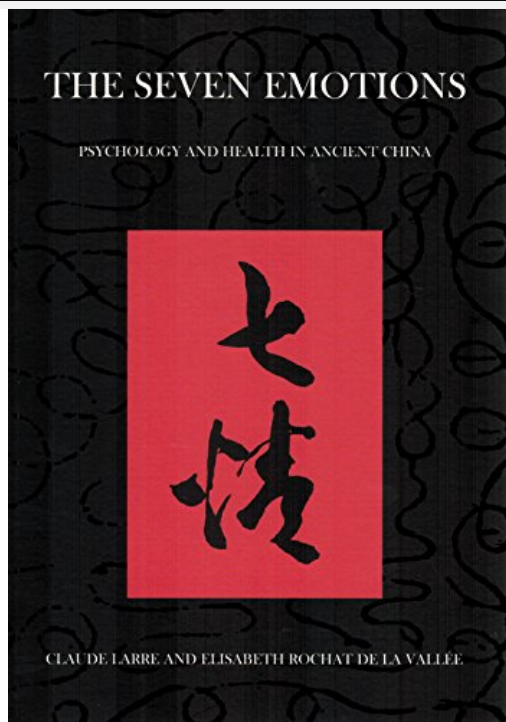


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## PDF Books Chinese Medicine from the Classics: Seven Emotions - Audiobooks



### Book detail

- Title : PDF Books Chinese Medicine from the Classics: Seven Emotions - Audiobooks
- isbn : 187246808X



### Book Synopsis

This book presents a close study of the energetics of the emotions. Looking at classical texts each of the seven emotions of Chinese medicine is discussed in detail. The etymology of the characters is examined, pathological and non-pathological manifestations of each emotion are described, and relationships with the various zangfu are explained. With this book the clarity of classical Chinese thinking about psychology and emotion is revealed. It shows how each sensation and display of feeling involves subtle movements of the zangfu, blood and qi, and has far reaching effects on our health and well-being. An index of Chinese characters and main concepts is included for easy reference. An appendix gives the Chinese text and a translation. There is also an index of all main concept and Chinese characters.

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