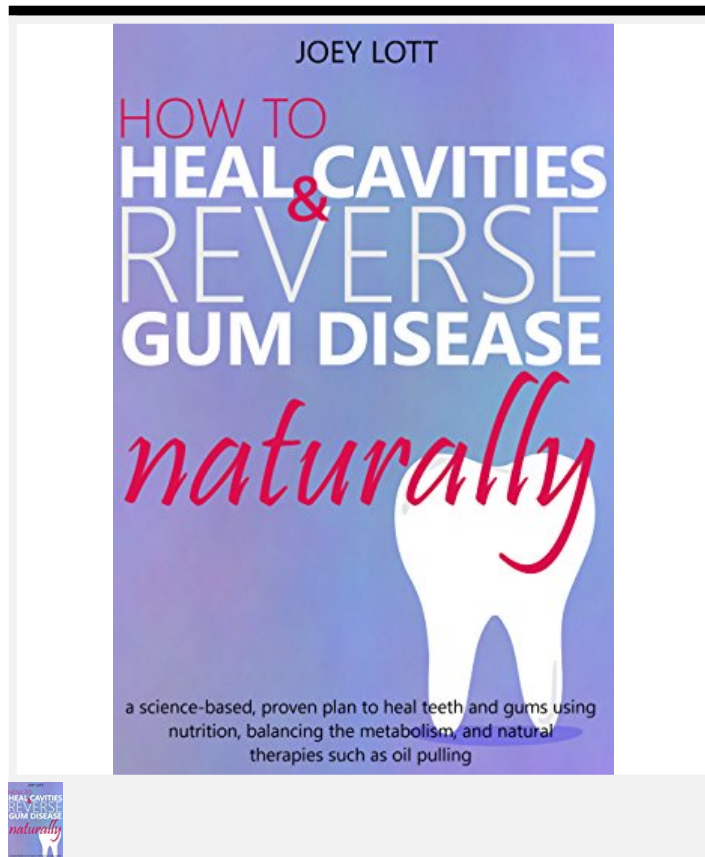


---

# Best PDF How to Heal Cavities and Reverse Gum Disease Naturally: a science-based, proven plan to heal teeth and gums using nutrition, balancing the metabolism, and natural therapies such as oil pulling - PDF books



## Book detail

- Title : Best PDF How to Heal Cavities and Reverse Gum Disease Naturally: a science-based, proven plan to heal teeth and gums using nutrition, balancing the metabolism, and natural therapies such as oil pulling - PDF books
- isbn : B016QZEIH8



## Book Synopsis

### You Can Heal Your Teeth and Gums Naturally

Not only is it scientifically-proven that you can heal cavities and reverse gum disease. It doesn't have to be complicated or difficult either.

In this book, author Joey Lott, takes you on a journey of discovery that will empower you to make simple, sustainable changes and take charge of the health of your teeth and gums.

### There's More to Dental Health Than Fluoride and Flossing

There are natural ways to heal your teeth and gums that don't involve twice daily brushings and flossings. In fact, these standard methods of tooth care may not be doing as much for your dental health as you've been led to believe.

Discover a new formula for repairing cavities, tightening up loose teeth, and healing receding gums that is natural and inexpensive.

Find out which supplements really work and which may be over-priced and over-hyped. Learn about the vital role metabolism and hormonal health plays in your ability to regrow and remineralize your teeth.

If you've been on the path of natural dental health for a while, you might be surprised by what you read!

## It Doesn't Require Restrictive Diets!

Too many nutritional approaches to improving oral health involve restrictive diets. No sugar. No fruit. And swigs of cod liver oil between meals of kale and bone broth.

But this common advice flies in the face of science as well as real-world results using an inclusive, enjoyable, sustainable approach to nutrition.

Following the simple nutritional and lifestyle guidelines in this book, you'll soon prove it to yourself.

**Download this book now and begin your natural healing journey in dental health. Your teeth and gums will thank you!**

### Related

[The Dental Diet: The Surprising Link between Your Teeth, Real Food, and Life-Changing Natural Health Gum Disease Cure \(Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay\)](#)

[Holistic Dental Care: The Complete Guide to Healthy Teeth and Gums](#)

[The Gum Disease Cure: How I cured Periodontal Disease in 2 months \(Gum Disease Periodontal Disease Periodontitis Receding Gums\)](#)

[Cure Tooth Decay: Heal And Prevent Cavities With Nutrition - Limit And Avoid Dental Surgery and Fluoride \[Second Edition\] 5 Stars](#)

[Cure Gum Disease Naturally: Heal and Prevent Periodontal Disease and Gingivitis with Whole Foods](#)

[Eat for Heat: The Metabolic Approach to Food and Drink](#)

[Freedom from the Approval Trap: End the Enslavement to Others' Opinions and Live YOUR Life](#)

[The Mother of All Antioxidants: How Health Gurus are Misleading You and What You Should Know about Glutathione](#)

[9 Truths That Will Turn Your World Upside Down](#)

---